

## Physical Education and School Sports

### Vision Statement

#### What are we trying to achieve?

At Carlton Junior and Infant school, we believe a high quality PE/Sports learning should be an integral part of the whole school curriculum and one that staff, pupils and parents understand and can contribute to. Through PE & Sport our children learn to develop the important qualities of discipline, resilience, communication, team work, and ambition, leading to improved concentration, attitude, and academic achievement.

Our PE curriculum aims to ensure that all pupils develop the fundamental skills and competence to excel in a wide range of physical activities by providing a broad & balanced curriculum with opportunities for all to be enjoyed.

A high quality PE curriculum will develop physical literacy and will allow pupils to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. It also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork and communication.

Our mission is to improve and increase the quantity and ensure that high quality PE is consistently delivered throughout school. We aim to demonstrate how PE can enhance pupils' attainment and achievement and to create pathways for them to continue to be active beyond school. We will continue to enhance our links with outside agencies and clubs which will help to generate positive interaction in the community.

#### How is subject taught?

Our PE curriculum is split into topics/units on a half termly basis and these units aim to develop subject specific and other cross curricular skills. We are currently using the Rawmarsh Scheme as a whole school approach but also provide further challenge and extra-curricular opportunities for children. Where ever possible the curriculum is inclusive and ensures that pupils of all abilities access the range of activities we offer and that they are physically active for sustained periods of time in order to encourage them to lead healthy, active lives.

Inter and intra school competitions are planned on a yearly basis. In school sessions for multi skills sport are implemented at lunch times daily. We have a broad, rich and engaging curriculum offering a variety of activities to enhance skills in physical education.

#### What difference is the subject making?

Developing pupil's personal qualities through PE can affect their attitudes towards school and learning. When PE and school sport provision is of the highest quality, all pupils will, to the best of their abilities, develop and demonstrate the following personal qualities:

A strong desire to learn & make progress;

High levels of dedication, attendance and involvement in PE and school sport;

High levels of commitment to PE and school sport;

Good levels of positive behaviour such as politeness, fair play and helpfulness; and

High levels of enjoyment and enthusiasm and a strong desire to get involved.

#### SMSC/PSHE links

SMSC

Through PE & Sport our children learn to develop the important qualities of discipline, resilience, communication, team work, and ambition, leading to improved concentration, attitude, and academic.

PHSCE

Health and Wellbeing

Pupils will be taught what is meant by a healthy lifestyle.

Challenge:

Where talent is spotted we will continue to ensure children have wider opportunities to progress and compete at a higher level.



Carlton Junior & Infant School

Dream Aspire Achieve